

In the treatment of insomnia

# Good mornings start with restful nights.

**Dalmane** (*flurazepam HCl/Roche*)  
patients fall asleep faster,  
sleep longer and seldom awaken  
with morning hangover.

Feeling well rested in the morning usually means having slept well the night before. And for insomniac patients receiving hypnotic therapy, a good morning also means awakening with few side effects from their medication. Many physicians choose Dalmane for their patients who suffer from insomnia for this very reason.

Aside from enabling patients to fall asleep more quickly and sleep longer, Dalmane seldom causes morning hangover. Most Dalmane patients feel alert and refreshed when they awaken. In 53 paired-night clinical studies comparing Dalmane and placebo in 2010 insomniac patients with a variety of secondary diagnoses, most Dalmane patients awakened more alert and refreshed, and less groggy and drowsy, than on nights when they had taken only placebo.<sup>1</sup> In a double-blind crossover study of

42 patients in private practice, approximately three times as many patients reported feeling refreshed and alert upon awakening after a night on Dalmane (flurazepam/Roche) compared to placebo nights.<sup>2</sup> This difference was highly significant ( $p < 0.001$ ). And a retrospective study of hospitalized patients who received Dalmane revealed a 3.1% incidence of side effects.<sup>3</sup>

While residual effects from Dalmane therapy are infrequent, patients should be cautioned about drinking alcohol, driving or operating hazardous machinery after ingesting the drug.

## Efficacy and safety in a broad range of patient types.

Over 2000 clinical trials involving more than 10,000 patients have shown that Dalmane patients fall asleep sooner, sleep longer and experience fewer nocturnal awakenings.<sup>4</sup> The safety and efficacy of Dalmane have been demonstrated in medical and surgical hospitalized patients, in patients seen in office practice and in elderly patients.<sup>5-8</sup> Since the risk of oversedation, dizziness, co-



on and/or ataxia increases with larger doses in the elderly; it is recommended that the dosage be limited to 15 mg.

Moreover, the efficacy and safety of Dalmane for the treatment of insomnia have been demonstrated in thousands of patients with a variety of primary medical conditions, including cardiovascular, neuropsychiatric, endocrine-metabolic, gastrointestinal, genitourinary, respiratory and musculoskeletal disorders.<sup>1</sup> Dalmane (flurazepam HCl/Roche) is contraindicated in pregnancy and in patients hypersensitive to the drug.

## Avoids rebound insomnia upon discontinuation.

Rebound insomnia—a worsening of sleep beyond therapy levels after drug discontinuation—has been reported as a potential clinical problem with some hypnotics.<sup>9,10</sup> However, this problem has not been reported with Dalmane. In eight out of eight sleep laboratory studies, there were no reports of rebound insomnia.<sup>11</sup> When you prescribe Dalmane, you can be confident of efficacy that enhances therapeutic progress. Your insomniac patients can be assured of a restful night, night after night—a good start for a good morning.

**References:** 1. Data on file, Hoffmann-La Roche Inc., Nutley, NJ. 2. Zimmerman AM: *Curr Ther Res* 13:18-22, Jan 1971. 3. Greenblatt DJ, Allen MD, Shader RI: *Clin Pharmacol Ther* 21:355-361, Mar 1977. 4. Data on file, Hoffmann-La Roche Inc., Nutley, NJ. 5. Meyer JA, Kurland KZ: *Milit Med* 138:471-474, Aug 1973. 6. Feller HL, Gibbons B: *Med Times* 101(8):130-135, Aug 1973. 7. Jacobson A et al: *Psychophysiology* 7:345, Sep 1970. 8. Frost JD Jr, DeLucchi MR: *J Am Geriatr Soc* 27:541-546, Dec 1979. 9. Kales A, Scharf MB, Kales JD: *Science* 201:1039-1041, Sep 1978. 10. Kales A et al: *JAMA* 241:1692-1695, Apr 1979. 11. Monti JM: *Methods Find Exp Clin Pharmacol* 3(5):303-326, 1981.

# For efficacy from the beginning to the end of therapy

15-mg/30-mg capsules



# Dalmane®

flurazepam HCl/Roche

## stands apart

# Dalmane®

flurazepam HCl/Roche  
15-mg/30-mg capsules

Before prescribing, please consult complete product information, a summary of which follows:

**Indications:** Effective in all types of insomnia characterized by difficulty in falling asleep, frequent nocturnal awakenings and/or early morning awakening; in patients with recurring insomnia or poor sleeping habits; in acute or chronic medical situations requiring restful sleep. Objective sleep laboratory data have shown effectiveness for at least 28 consecutive nights of administration. Since insomnia is often transient and intermittent, prolonged administration is generally not necessary or recommended. Repeated therapy should only be undertaken with appropriate patient evaluation.

**Contraindications:** Known hypersensitivity to flurazepam HCl; pregnancy. Benzodiazepines may cause fetal damage when administered during pregnancy. Several studies suggest an increased risk of congenital malformations associated with benzodiazepine use during the first trimester. Warn patients of the potential risks to the fetus should the possibility of becoming pregnant exist while receiving flurazepam. Instruct patient to discontinue drug prior to becoming pregnant. Consider the possibility of pregnancy prior to instituting therapy.

**Warnings:** Caution patients about possible combined effects with alcohol and other CNS depressants. An additive effect may occur if alcohol is consumed the day following use for nighttime sedation. This potential may exist for several days following discontinuation. Caution against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving). Potential impairment of performance of such activities may occur the day following ingestion. Not recommended for use in persons under 15 years of age. Though physical and psychological dependence have not been reported on recommended doses, abrupt discontinuation should be avoided with gradual tapering of dosage for those patients on medication for a prolonged period of time. Use caution in administering to addiction-prone individuals or those who might increase dosage.

**Precautions:** In elderly and debilitated patients, it is recommended that the dosage be limited to 15 mg to reduce risk of oversedation, dizziness, confusion and/or ataxia. Consider potential additive effects with other hypnotics or CNS depressants. Employ usual precautions in severely depressed patients, or in those with latent depression or suicidal tendencies, or in those with impaired renal or hepatic function.

**Adverse Reactions:** Dizziness, drowsiness, lightheadedness, staggering, ataxia and falling have occurred, particularly in elderly or debilitated patients. Severe sedation, lethargy, disorientation and coma, probably indicative of drug intolerance or overdosage, have been reported. Also reported: headache, heartburn, upset stomach, nausea, vomiting, diarrhea, constipation, GI pain, nervousness, talkativeness, apprehension, irritability, weakness, palpitations, chest pains, body and joint pains and GU complaints. There have also been rare occurrences of leukopenia, granulocytopenia, sweating, flushes, difficulty in focusing, blurred vision, burning eyes, faintness, hypotension, shortness of breath, pruritus, skin rash, dry mouth, bitter taste, excessive salivation, anorexia, euphoria, depression, slurred speech, confusion, restlessness, hallucinations, and elevated SGOT, SGPT, total and direct bilirubins, and alkaline phosphatase; and paradoxical reactions, e.g., excitement, stimulation and hyperactivity.

**Dosage:** Individualize for maximum beneficial effect. *Adults:* 30 mg usual dosage; 15 mg may suffice in some patients. *Elderly or debilitated patients:* 15 mg recommended initially until response is determined.

**Supplied:** Capsules containing 15 mg or 30 mg flurazepam HCl.



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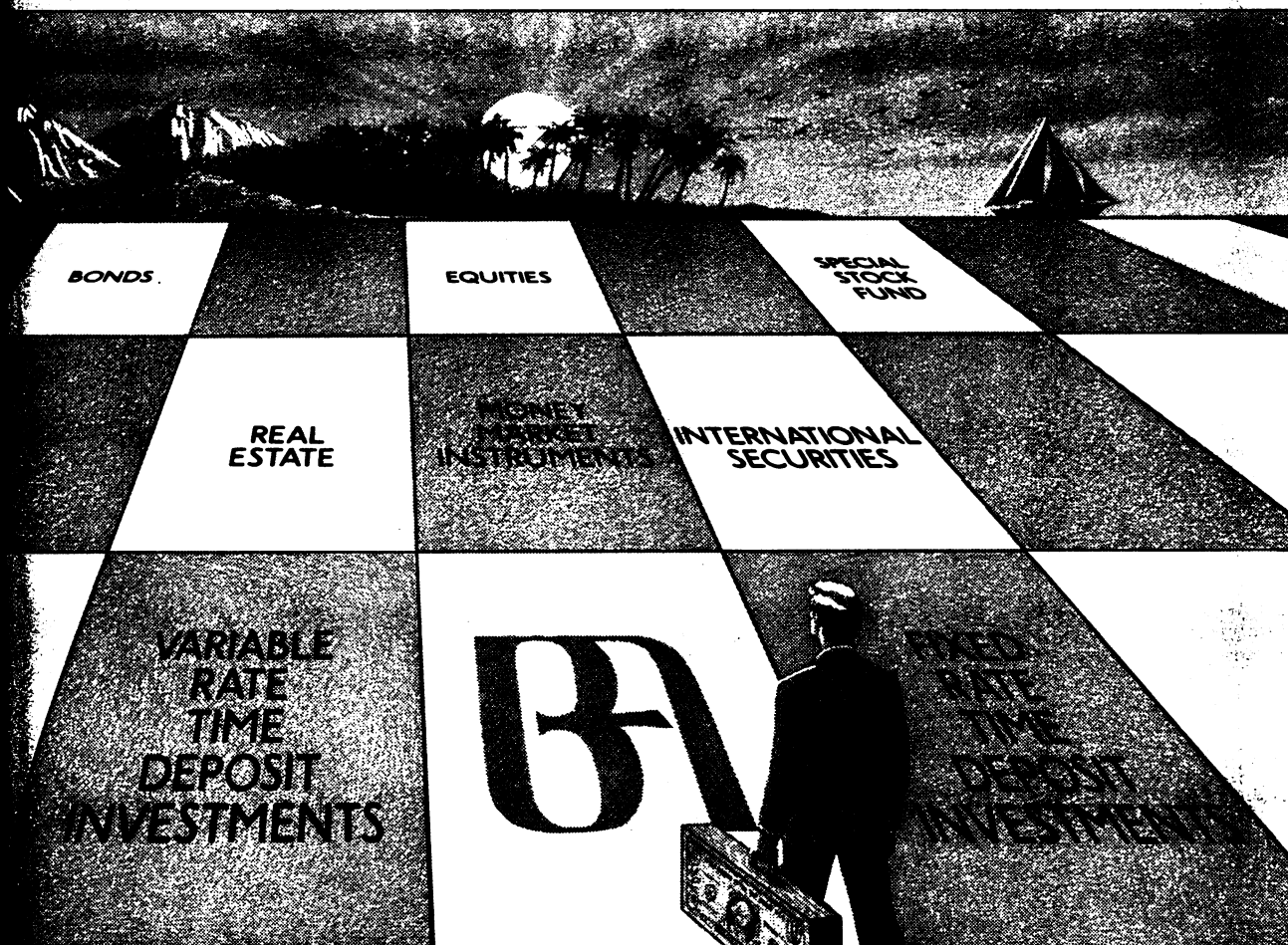
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combination represents previously titrated dosage)

contains 50 mg. of  
**Dyrenium**<sup>®</sup> (brand of triamterene)  
and 25 mg. of hydrochlorothiazide.

Serum K<sup>+</sup> and BUN should be checked periodically (see Warnings).

Before prescribing, see complete prescribing information in SK&F CO. literature or PDR. The following is a brief summary.

### \* WARNING

This drug is not indicated for initial therapy of edema or hypertension. Edema or hypertension requires therapy titrated to the individual. If this combination represents the dosage so determined, its use may be more convenient in patient management. Treatment of hypertension and edema is not static, but must be reevaluated as conditions in each patient warrant.

**Contraindications:** Concomitant use with other potassium-sparing agents such as spironolactone or amiloride. Further use in anuria, progressive renal or hepatic dysfunction, hyperkalemia. Pre-existing elevated serum potassium. Hypersensitivity to either component or other sulfonamide-derived drugs.

**Warnings:** Do not use potassium supplements, dietary or otherwise, unless hypokalemia develops or dietary intake of potassium is markedly impaired. If supplementary potassium is needed, potassium tablets should not be used. Hypokalemia can occur, and has been associated with cardiac irregularities. It is more likely in the severely ill, with urine volume less than one liter/day, the elderly and diabetics with suspected or confirmed renal insufficiency. Periodically, serum K<sup>+</sup> levels should be determined. If hyperkalemia develops, substitute a thiazide alone, restrict K<sup>+</sup> intake. **Associated widened QRS complex or arrhythmia requires prompt additional therapy.** Thiazides cross the placental barrier and appear in cord blood. Use in pregnancy requires weighing anticipated benefits against possible hazards, including fetal or neonatal jaundice, thrombocytopenia, other adverse reactions seen in adults. Thiazides appear and triamterene may appear in breast milk. If their use is essential, the patient should stop nursing. Adequate information on use in children is not available. Sensitivity reactions may occur in patients with or without a history of allergy or bronchial asthma. Possible exacerbation or activation of systemic lupus

erythematosus has been reported with thiazide diuretics.

**Precautions:** Do periodic serum electrolyte determinations (particularly important in patients vomiting excessively or receiving parenteral fluids, and during concurrent use with amphotericin B or corticosteroids or corticotropin [ACTH]). Periodic BUN and serum creatinine determinations should be made, especially in the elderly, diabetics or those with suspected or confirmed renal insufficiency. Cumulative effects of the drug may develop in patients with impaired renal function. Thiazides should be used with caution in patients with impaired hepatic function. They can precipitate coma in patients with severe liver disease. Observe regularly for possible blood dyscrasias, liver damage, other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving triamterene, and leukopenia, thrombocytopenia, agranulocytosis, and aplastic and hemolytic anemia have been reported with thiazides. Thiazides may cause manifestation of latent diabetes mellitus. The effects of oral anticoagulants may be decreased when used concurrently with hydrochlorothiazide; dosage adjustments may be necessary. Clinically insignificant reductions in arterial responsiveness to norepinephrine have been reported. Thiazides have also been shown to increase the paralyzing effect of nondepolarizing muscle relaxants such as tubocurarine. Triamterene is a weak folic acid antagonist. Do periodic blood studies in cirrhotics with splenomegaly. Anti-hypertensive effects may be enhanced in post-sympathectomy patients. Use cautiously in surgical patients. Triamterene has been found in renal stones in association with the other usual calculus components. Therefore, 'Dyazide' should be used with caution in patients with histories of stone formation. A few occurrences of acute renal failure have been reported in patients on 'Dyazide' when treated with indomethacin. Therefore, caution is advised in administering nonsteroidal anti-inflammatory agents with 'Dyazide'. The following may occur: transient elevated BUN or creatinine or both, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), hyperuricemia and gout, digitalis intoxication (in hypokalemia), decreasing alkali reserve with possible metabolic acidosis. 'Dyazide' interferes with fluorescent measurement of quinidine. Hypokalemia is uncommon with 'Dyazide',

but should it develop, corrective measures should be taken such as potassium supplementation or increased dietary intake of potassium-rich foods. Corrective measures should be instituted cautiously and serum potassium levels determined. Discontinue corrective measures and 'Dyazide' should laboratory values reveal elevated serum potassium. Chloride deficit may occur as well as dilutional hyponatremia. Concurrent use with chlorpropamide may increase the risk of severe hyponatremia. Serum PBI levels may decrease without signs of thyroid disturbance. Calcium excretion is decreased by thiazides. 'Dyazide' should be withdrawn before conducting tests for parathyroid function.

Thiazides may add to or potentiate the action of other antihypertensive drugs.

Diuretics reduce renal clearance of lithium and increase the risk of lithium toxicity.

**Adverse Reactions:** Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis, rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting, diarrhea, constipation, other gastrointestinal disturbances; postural hypotension (may be aggravated by alcohol, barbiturates, or narcotics). Necrotizing vasculitis, paresthesias, icterus, pancreatitis, xanthopsia and respiratory distress including pneumonitis and pulmonary edema, transient blurred vision, sialadenitis, and vertigo have occurred with thiazides alone. Triamterene has been found in renal stones in association with other usual calculus components. Rare incidents of acute interstitial nephritis have been reported. Impotence has been reported in a few patients on 'Dyazide', although a causal relationship has not been established.

**Supplied:** Bottles of 1000 capsules; Single Unit Package (unit-dose) of 100 (intended for institutional use only); Patient-Pak™ unit-of-use bottles of 100.

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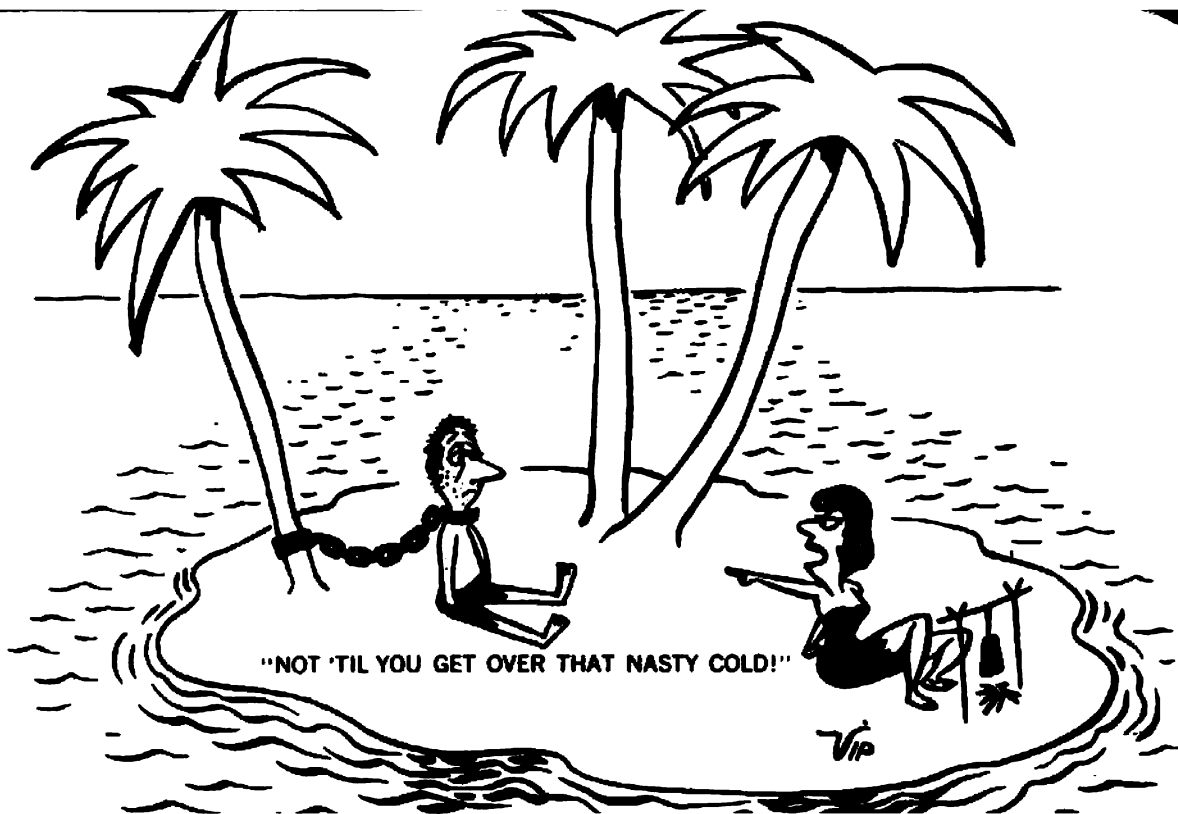
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PRECAUTIONS: Patients should be advised to avoid using machinery or driving until response to antihistamines is established. Use with caution in patients with idiosyncrasies to formula ingredients

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Answers: 1. the Westin Bonaventure Hotel, Los Angeles. 2. specialties. 3. House of Delegates. 4. Exposition Hall. 5. medical films. 6. February 11, 1983 (but you can register at the door).

If you didn't get the word, clip, complete and send this form to:

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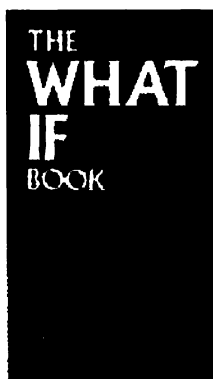
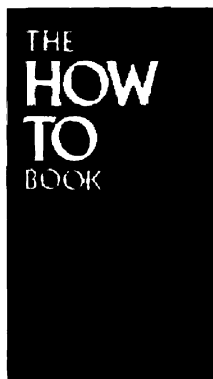
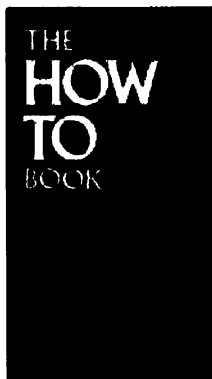
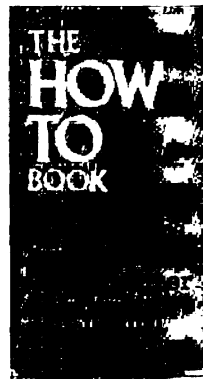
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### Sequelae of hepatitis B

Chronic carrier state	Develops in up to 10% of patients who have had hepatitis B; occurs more frequently in anicteric cases. <sup>2</sup> Chronic carriers are usually asymptomatic but may develop other chronic sequelae
Chronic persistent hepatitis	Generally a benign condition; progression to cirrhosis or other late sequelae such as hepatoma is rare <sup>3</sup>
Chronic active hepatitis	A major late complication; occurring in approximately 3% to 5% of cases <sup>4</sup>
Cirrhosis	An estimated 11% of deaths due to cirrhosis are associated with hepatitis B <sup>5</sup>
Liver cancer	The relative risk of primary liver cancer for carriers is 273 times greater than for noncarriers <sup>5</sup>

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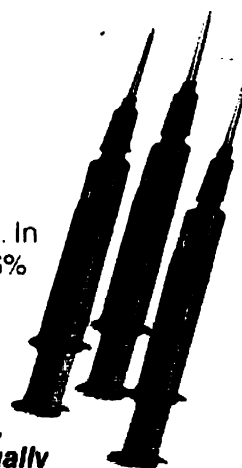
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In clinical studies, HEPTAVAX-B was highly effective in protecting vaccine responders against acute hepatitis B, asymptomatic infection, and the chronic carrier state. In these studies,<sup>6,7</sup> **the vaccine was virtually 100% effective in preventing hepatitis B in those who developed anti-HBs.**



## Incidence of adverse reactions did not differ significantly from placebo

### Generally well tolerated

In over 6,000 individuals administered HEPTAVAX-B during clinical trials since 1975, no serious adverse reactions attributable to vaccination were reported. In two double-blind, placebo-controlled studies<sup>6,7</sup> involving a total of 2,485 persons, the overall rates of adverse reactions reported by the vaccine recipients did not differ significantly from those of placebo recipients.

Injection-site soreness is the most common adverse reaction. Less common local reactions are erythema, swelling, warmth, or induration which usually subside within 48 hours.

Low-grade fever (less than 101°F) occurs occasionally and is usually confined to the 48-hour period following vaccination. Although uncommon, fever over 102°F has been reported.

Systemic complaints, including malaise, fatigue, headache, nausea, dizziness, myalgia, and arthralgia, are infrequent and have been limited to the first few days following vaccination. Rash has been reported rarely.

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**“Persons at substantial risk of HBV [hepatitis B virus] infection who are demonstrated or judged likely to be susceptible should be vaccinated.”<sup>9</sup>**

—Recommendation of the Immunization Practices  
Advisory Committee (ACIP)<sup>9</sup>

The Immunization Practices Advisory Committee (ACIP) has identified certain populations at risk of HBV infection and has recommended vaccination for appropriate members, as follows:

**ACIP recommendations for vaccination  
against hepatitis B infection<sup>9</sup>**

- |   |  |
|---|--|
| <ul style="list-style-type: none"><li>• health-care workers</li><li>• hospital staff</li><li>• clients and staff of institutions for the mentally retarded</li><li>• hemodialysis patients</li><li>• homosexually active males</li><li>• illicit injectable drug users</li><li>• recipients of certain blood products</li><li>• household and sexual contacts of HBV carriers</li></ul> | <ul style="list-style-type: none"><li>• classroom contacts of deinstitutionalized mentally retarded HBV carriers who behave aggressively</li><li>• special high-risk populations from areas where hepatitis B is highly endemic<ul style="list-style-type: none"><li>Indochinese and Haitian refugees</li><li>Alaskan Eskimos</li></ul></li><li>• inmates of long-term correctional facilities</li></ul> |
|---|--|

**A complete copy of the ACIP recommendations is  
available through your MSD Professional Representative.**

# A NEW AGE IN THE CONTROL OF ANGINA

# (NIFEDIPINE) *Capsules 10 mg*

PROCARDIA is the key to a new era in the treatment of angina.

## The Calcium Age.

It is now known that calcium ions, and not at the cellular level, regulate the degree of vasoconstriction and the ability to relax the coronary arteries.

PROCARDIA acts at the molecular level to selectively block calcium access to the contractile proteins of the myocardium.

Through this action, PROCARDIA manages:

- vasospastic angina, by preventing coronary artery spasm and increasing myocardial  $O_2$  supply
- classical effort-associated angina, by dilating peripheral arteries to reduce afterload and myocardial  $O_2$  demand
- mixed angina, which involves elements of vasospastic and effort-associated angina

Like beta blockers, PROCARDIA reduces myocardial  $O_2$  demand. But, unlike these agents, PROCARDIA also increases myocardial  $O_2$  supply to both normal and posteriorly diseased areas of the myocardium by preventing coronary artery spasm.

**PROCARDIA**  
THE FIRST ORAL CALCIUM CHANNEL BLOCKER

# PROCARDIA<sup>®</sup>

(NIFEDIPINE) Capsules 10 mg

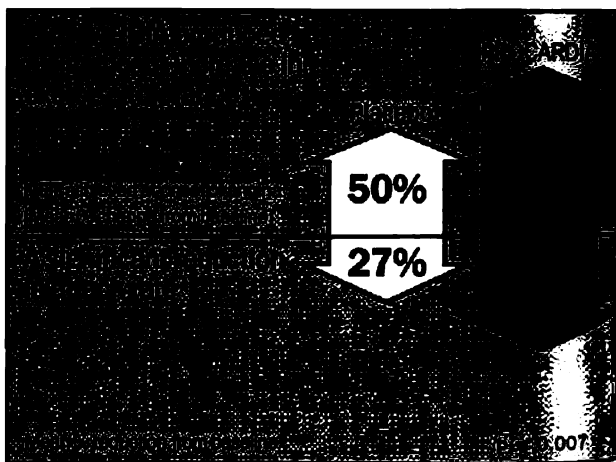
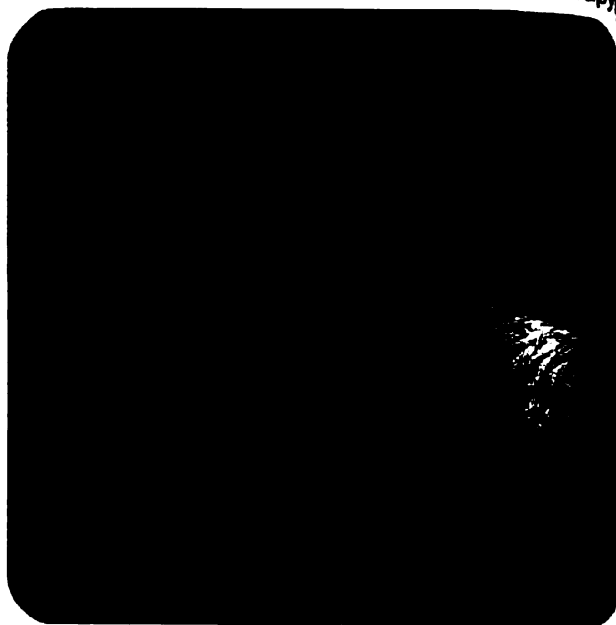
## PROVEN EFFECTIVE ACROSS THE SPECTRUM OF ANGINA

Contemporary medical opinion holds that the pathophysiology of angina is a spectrum ranging from pure, fixed atherosclerotic lesion to pure coronary artery spasm. Many patients, however, are believed to have a combination of both lesion and spasm.<sup>2,3</sup>

Angina due to pure fixed lesion can be prevented by reducing oxygen demand. Angina due to coronary artery spasm can be treated by preventing the spasm itself, thereby increasing oxygen supply. With this new understanding of angina, optimal antianginal therapy should provide this dual action: increasing O<sub>2</sub> supply while reducing O<sub>2</sub> demand.

### In effort angina\*

(when symptomatic despite conventional therapy)



Double-blind, placebo-controlled, crossover 20-week study of 32 patients (27 evaluated for attack rate; 19 for exercise tolerance). Mean PROCARDIA dosage: 51 mg/day.

\*In chronic stable angina (effort-associated angina) PROCARDIA has been effective in controlled trials of up to eight weeks duration in reducing angina frequency and increasing exercise tolerance, but confirmation of sustained effectiveness and evaluation of long-term safety in these patients are incomplete.

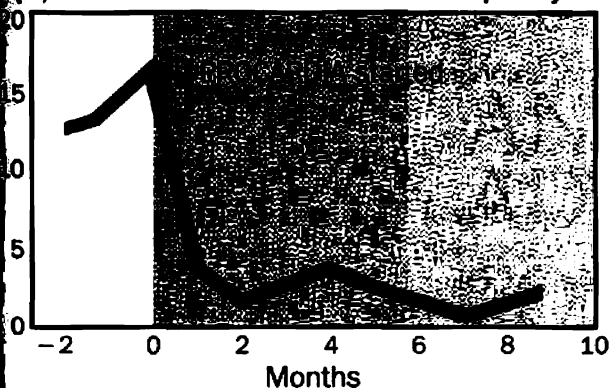
Please see PROCARDIA Brief Summary on last page.

## Vasospastic angina

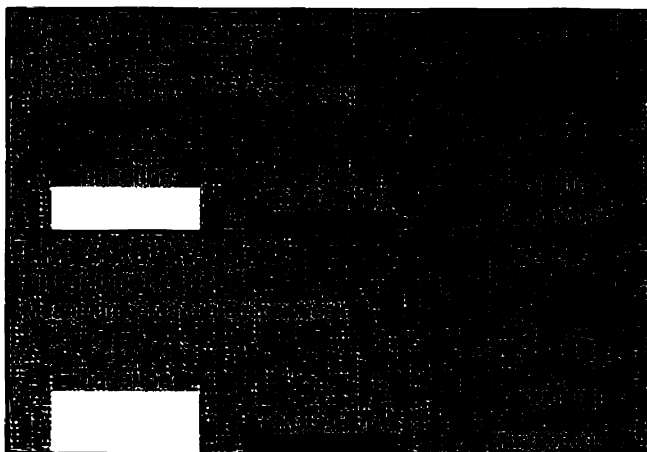
## In mixed angina (fixed lesion and spasm)

PROCARDIA eliminated attacks in 63% of patients<sup>5</sup>

Long-term, sustained decrease in attack frequency<sup>6</sup>



Long-term, open study of 127 patients unresponsive to beta blockers and/or nitrates with symptoms of myocardial ischemia and demonstrated coronary artery spasm. PROCARDIA dosage: 40 to 160 mg/day.



Studies of patients with mixed angina characterized by pain at rest and effort. Most patients (89%) were initiated on nitrate and/or beta blocker therapy but remained symptomatic. Minimum duration of nifedipine treatment two months. Nifedipine dosage: 30 to 120 mg/day.

**PROCARDIA®**  
THE FIRST ORAL CALCIUM CHANNEL BLOCKER

# PROCARDIA<sup>®</sup>

(NIFEDIPINE) Capsules 10 mg

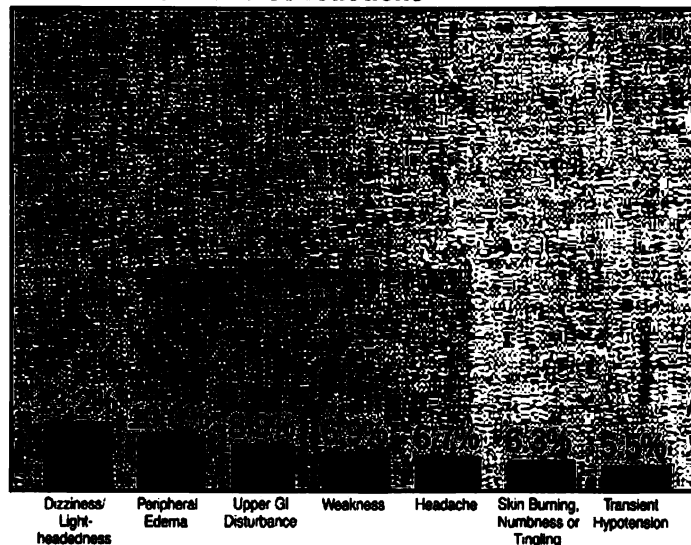
## ANGINA MANAGEMENT BEYOND BETA BLOCKERS

- Beta blockers prevent angina primarily by lowering myocardial oxygen demand. Like these agents, PROCARDIA reduces myocardial oxygen demand. However, PROCARDIA provides an added dimension of angina control by increasing myocardial oxygen supply where coronary artery spasm is present.
- Beta blockers can actually cause spasm. PROCARDIA prevents spasm.
- Beta blockers decrease myocardial perfusion in poststenotic areas. PROCARDIA increases myocardial perfusion to both normal and poststenotic areas.
- Beta-blocker treatment is limited in patients with myocardial dysfunction, COPD, asthma, bundle branch blocks, and diabetes. PROCARDIA can be given safely in all these groups of patients.
- The hypotensive effect of PROCARDIA is usually modest and well tolerated, however, occasional patients have had excessive and poorly tolerated hypotension. These responses have usually occurred during initial titration or subsequent upward dosage adjustment, and may be more likely with concomitant beta blockers.
- Occasional patients have developed well-documented increased frequency, duration or severity of angina on starting PROCARDIA, or at the time of dosage increases. There have been occasional reports of increased angina in a setting of beta blocker withdrawal and PROCARDIA initiation. It is important to taper beta blockers, if possible, rather than stopping them abruptly before beginning PROCARDIA.
- Rarely, patients usually receiving a beta blocker have developed heart failure after beginning PROCARDIA. Patients with tight aortic stenosis may be at greater risk for such an event.

# THE FIRST ORAL CALCIUM CHANNEL BLOCKER...

## PROVIDES PROTECTION WITH A MILD SIDE- EFFECT PROFILE

### Most common adverse reactions



Information is drawn from a large uncontrolled experience in 2180 patients and presents the most frequent side effects reported with PROCARDIA.

## AN ADDED ADVANTAGE: COMPATIBILITY

- MAY BE USED WITH A WIDE VARIETY OF OTHER AGENTS
- CAN BE USED WITH NITRATES AND BETA BLOCKERS WITH CAUTION (See Warnings and Precautions)

# THE FIRST ORAL CALCIUM CHANNEL BLOCKER FOR THE MANAGEMENT OF ANGINA

## PROCARDIA® (NIFEDIPINE) Capsules 10 mg

Proven effective when used alone.

Enhanced effectiveness when combined  
with beta blockers.

Convenient dosing

Start with: **1** 10-mg  
capsule  
t.i.d.

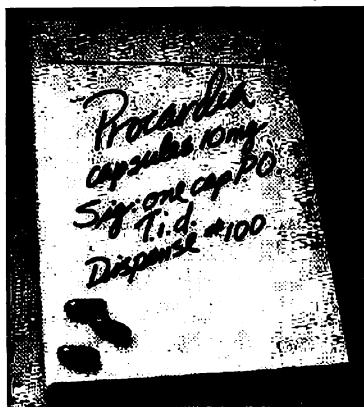
Titrate to: **2** 10-mg  
capsules  
t.i.d.

Titrate to: **3** 10-mg  
capsules  
t.i.d.

For most patients, titrate over 7 to 14 days, using the patient's blood pressure response, attack frequency sublingual nitroglycerin intake and activity level as a guide. Titration may be more rapid (e.g., 3 days) if symptoms warrant and the patient is observed closely. Maximum dose: 180 mg/day

#### References

1. Lichten PR, Engel H-I, Wolf R, et al: Regional myocardial blood flow in patients with coronary artery disease after nifedipine. In Lichten PR, Kimura E, Taira N (eds): *International Adalat® Panel Discussion: New Experimental and Clinical Results*. Tokyo, Excerpta Medica, 1978, pp 69-85.
2. Maseri A, Chierchia S: Angina pectoris—a new dimension, a new approach: Part 2. *Primary Cardiol* 6:123-136, October 1980.
3. Braunwald E: *Introduction: New Concepts in Ischemic Heart Disease: The Role of Coronary Artery Spasm*. New York, Science & Medicine, Inc, 1980, p 1.
4. Mueller HS, Chahine RA: Interim report of multicenter double-blind, placebo-controlled studies of nifedipine in chronic stable angina. *Am J Med* 71:645-657, October 1981.
5. Antman E, Muller J, Goldberg S, et al: Nifedipine therapy for coronary-artery spasm: experience in 127 patients. *N Engl J Med* 302:1269-1273, June 3, 1980.
6. Braunwald E (moderator): Procordia® (nifedipine) in clinical practice. Presented at symposium following the Thirty-First Annual Scientific Session of the American College of Cardiology, Atlanta, Georgia, April 29, 1982.



#### PROCARDIA® CAPSULES

(nifedipine)

#### BRIEF SUMMARY

**INDICATIONS AND USAGE:** I. Vasoospastic Angina: PROCARDIA (nifedipine) is indicated for the management of vasoospastic angina confirmed by any of the following criteria: 1) classical pattern of angina at rest accompanied by ST segment depression; 2) angina or coronary artery spasm provoked by ergonovine, or 3) angiographic demonstration of coronary artery spasm. In those patients who have had angiographic demonstration of coronary artery spasm, the presence of significant fixed obstructive disease is not incompatible with the diagnosis of vasoospastic angina, provided that the above criteria are satisfied. PROCARDIA may also be used where the clinical presentation suggests a possible vasoospastic component but where vasospasm has not been confirmed, e.g., where pain has a variable threshold on exertion or in unstable angina where electrocardiographic findings are compatible with intermittent vasospasm, or when angina is refractory to nitrates and/or adequate doses of beta blockers.

II. Chronic Stable Angina (Classical Effort-Associated Angina): PROCARDIA is indicated for the management of chronic stable angina (effort-associated angina) without evidence of vasospasm in patients who remain symptomatic despite adequate doses of beta blockers and/or organic nitrates or who cannot tolerate these agents.

In chronic stable angina (effort-associated angina) PROCARDIA has been effective in controlled trials of up to eight weeks duration in reducing angina frequency and increasing exercise tolerance, but confirmation of sustained effectiveness and evaluation of long-term safety in these patients are incomplete.

Controlled studies in small numbers of patients suggest concomitant use of PROCARDIA and beta-blocking agents may be beneficial in patients with chronic stable angina, but available information is not sufficient to predict with confidence the effects of concurrent treatment, especially in patients with compromised left ventricular function or cardiac conduction abnormalities. When introducing such concomitant therapy, care must be taken to monitor blood pressure closely since severe hypotension can occur from the combined effects of the drugs. (See Warnings.)

**CONTRAINDICATIONS:** Known hypersensitivity reaction to PROCARDIA.

**WARNINGS:** Excessive Hypotension: Although in most patients, the hypotensive effect of PROCARDIA is modest and well tolerated, occasional patients have had excessive and poorly tolerated hypotension. These responses have usually occurred during initial titration or at the time of subsequent upward dosage adjustment, and may be more likely in patients on concomitant beta blockers.

**Increased Angina/Beta Blocker Withdrawal:** Occasional patients have developed well documented increased frequency, duration or severity of angina on discontinuation of PROCARDIA or at the time of dosage increases. The mechanism of this response is not established but could result from decreased coronary perfusion associated with decreased diastolic pressure with increased heart rate, or from increased demand resulting from increased heart rate alone.

Patients recently withdrawn from beta blockers may develop a withdrawal syndrome with increased angina, probably related to increased sensitivity to catecholamines. Initiation of PROCARDIA treatment will not prevent this occurrence and might be expected to exacerbate it by provoking reflex catecholamine release. There have been occasional reports of increased angina in a setting of beta blocker withdrawal and PROCARDIA initiation. It is important to taper beta blockers if possible rather than stopping them abruptly before beginning PROCARDIA.

**Congestive Heart Failure:** Rarely, patients usually receiving a beta blocker have developed heart failure after beginning PROCARDIA. Patients with tight aortic stenosis may be at greater risk for such an event.

**PRECAUTIONS:** General: Hypotension: Because PROCARDIA decreases peripheral vascular resistance, careful monitoring of blood pressure during the initial administration and titration of PROCARDIA is suggested. Close observation is especially recommended for patients already taking medications that are known to lower blood pressure. (See Warnings.)

**Peripheral edema:** Mild to moderate peripheral edema, typically associated with arterial vasodilation and not due to left ventricular dysfunction, occurs in about 10% of patients treated with PROCARDIA. This edema occurs primarily in the lower extremities and usually responds to diuretic therapy. With patients whose angina is complicated by congestive heart failure, care should be taken to differentiate the peripheral edema from the effects of increasing left ventricular dysfunction.

**Drug Interactions:** Beta-adrenergic blocking agents: (See Indications and Warnings.) Experience in over 1400 patients in a non-comparative clinical trial has shown that concomitant administration of PROCARDIA and beta-blocking agents is usually well tolerated, but there have been occasional literature reports suggesting that this combination may increase the likelihood of congestive heart failure, severe hypotension or exacerbation of angina.

**Long-acting nitrates:** PROCARDIA may be safely co-administered with nitrates but there have been no controlled studies to evaluate the antianginal effectiveness of this combination.

**Pregnancy:** Category C.

**ADVERSE REACTIONS:** The most common adverse events include dizziness, light-headedness, peripheral edema, nausea, weakness, headache and flushing, each occurring in about 10% of patients, transient hypotension in about 5%, palpitation in about 2% and syncope in about 0.5%. Syncopal episodes did not recur after reduction in the dose of PROCARDIA or concomitant antianginal medication. Very rarely, introduction of PROCARDIA therapy was associated with an increase in anginal pain, possibly due to associated hypotension.

In addition, more serious adverse events were observed, not readily distinguished from the natural history of the disease in these patients. It remains possible, however, that some or many of these events were drug related. Myocardial infarction occurred in about 4% of patients and congestive heart failure or pulmonary edema in about 2%. Ventricular arrhythmias or conduction disturbances each occurred in fewer than 0.5% of patients.

**Laboratory tests:** Rare, mild to moderate, transient elevations of enzymes such as alkaline phosphatase, CPK, LDH, SGOT, and SGPT have been noted, and a single incident of significantly elevated transaminases and alkaline phosphatase was seen in a patient with a history of gall bladder disease after about eleven months of nifedipine therapy. The relationship to PROCARDIA therapy is uncertain. These laboratory abnormalities have rarely been associated with clinical symptoms.

**HOW SUPPLIED:** Each orange, soft gelatin PROCARDIA Capsule contains 10 mg of nifedipine. PROCARDIA Capsules are supplied in amber glass bottles of 60 capsules (NDC 0089-2800-66).

The capsules should be protected from light and moisture and stored at controlled room temperature 59° to 77°F (15° to 25°C) in the manufacturer's original container.

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**LABORATORIES DIVISION**  
PFIZER INC.



## The Problem

### SYMPTOMS:

#### EARLY INTERSTITIAL CYSTITIS



#### CLASSICAL INTERSTITIAL CYSTITIS



- irritative voiding symptoms
- suprapubic pain
- functional bladder capacity reduced
- anatomical bladder capacity:
  - EARLY — normal
  - CLASSICAL — reduced
- vesical mucosa:
  - EARLY — normal appearing
  - CLASSICAL — ulcerated, scarred
- submucosal vesical hemorrhages observed following second overdistension

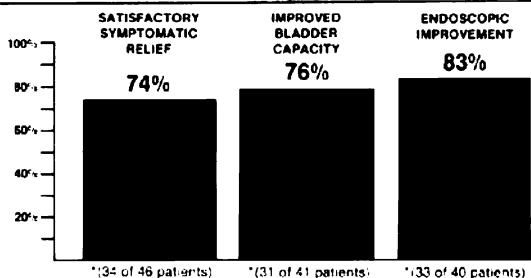
### DIAGNOSIS: INTERSTITIAL CYSTITIS

## The Solution

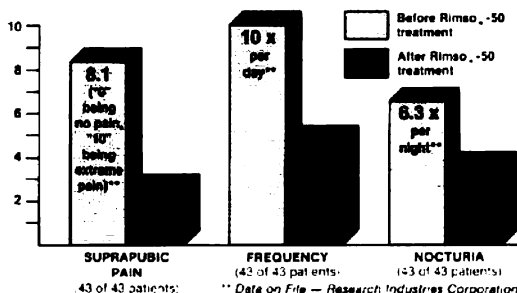


# Rimso-50

brand of  
STERILE AND PYROGEN-FREE DIMETHYL SULFOXIDE



\* STEWART, B. H. et al., J. Urol., 36:116, 1976



\*\* Data on File — Research Industries Corporation



FOR FURTHER INFORMATION

WJ12/82

### RESEARCH INDUSTRIES CORPORATION

1847 West 2300 South  
Salt Lake City, Utah 84119  
Toll-Free 1-800-453-8432

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

### Rimso-50

(dimethyl sulfoxide)  
50% w/w aqueous solution

**INDICATIONS AND USAGE:** Rimso-50 (dimethyl sulfoxide) is indicated for the symptomatic relief of patients with interstitial cystitis. Rimso-50 has not been approved as being safe and effective for any other indication. There is no clinical evidence of effectiveness of dimethyl sulfoxide in the treatment of bacterial infections of the urinary tract.

**CONTRAINDICATIONS:** None known.

**WARNINGS:** Dimethyl sulfoxide can initiate the liberation of histamine and there has been occasional hypersensitivity reaction with topical administration of dimethyl sulfoxide. This hypersensitivity has been reported in one patient receiving intravesical Rimso-50. The physician should be cognizant of this possibility in prescribing Rimso-50. If anaphylactoid symptoms develop, appropriate therapy should be instituted.

**PRECAUTIONS:** Changes in the refractive index and lens opacities have been seen in monkeys, dogs and rabbits given high doses of dimethyl sulfoxide chronically. Since lens changes were noted in animals, full eye evaluations, including slit lamp examinations, are recommended prior to and periodically during treatment. Approximately every six months patients receiving dimethyl sulfoxide should have a biochemical screening, particularly liver and renal function tests, and complete blood count.

Intravesical instillation of Rimso-50 may be harmful to patients with urinary tract malignancy because of dimethyl sulfoxide-induced vasodilation. Some data indicate that dimethyl sulfoxide potentiates other concomitantly administered medications.

**Pregnancy Category C:** Dimethyl sulfoxide caused teratogenic responses in hamsters, rats, and mice when administered intraperitoneally at high doses (2.5-12 gm/kg). Oral or topical doses of dimethyl sulfoxide did not cause problems of reproduction in rats, mice and hamsters. Topical doses (5 gm/kg first two days, then 2.5 gm/kg - last eight days) produced terata in rabbits, but in another study, topical doses of 1.1 gm/kg days 3 through 16 of gestation failed to produce any abnormalities. There are no adequate and well controlled studies in pregnant women. Dimethyl sulfoxide should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when dimethyl sulfoxide is administered to a nursing woman.

Safety and effectiveness in children have not been established.

**ADVERSE REACTIONS:** A garlic-like taste may be noted by the patient within a few minutes after instillation of Rimso-50 (dimethyl sulfoxide). This taste may last several hours and because of the presence of metabolites, an odor on the breath and skin may remain for 72 hours.

Transient chemical cystitis has been noted following instillation of dimethyl sulfoxide. The patient may experience moderately severe discomfort on administration. Usually this becomes less prominent with repeated administration.

**DOSAGE AND ADMINISTRATION:** Instillation of 50 ml of Rimso-50 (dimethyl sulfoxide) directly into the bladder may be accomplished by catheter or aseptic syringe and allowed to remain for 15 minutes. Application of an analgesic lubricant gel such as lidocaine jelly to the urethra is suggested prior to insertion of the catheter to avoid spasm. The medication is expelled by spontaneous voiding. It is recommended that the treatment be repeated every two weeks until maximum symptomatic relief is obtained. Thereafter, time intervals between therapy may be increased appropriately.

Administration of oral analgesic medication or suppositories containing belladonna and opium prior to the instillation of Rimso-50 can reduce bladder spasm.

In patients with severe interstitial cystitis with very sensitive bladders, the initial treatment, and possibly the second and third (depending on patient response) should be done under anesthesia (Saddle block has been suggested).

#### HOW SUPPLIED:

Bottles contain 50 ml of sterile and pyrogen-free Rimso-50 (50% w/w dimethyl sulfoxide aqueous solution).

Dimethyl sulfoxide is clear and colorless.

Protect from strong light.

Store at room temperature (15° to 30°C).

Do not autoclave.

NDC #0433-0433-05.

\*Stewart, B. H. et al., J. Urol., 36:116, 1976

## Rimso-100

brand of

STERILE AND PYROGEN-FREE  
DIMETHYL SULFOXIDE

### CRYOPRESERVATIVE SOLUTION

(99.0 - concentration)

Available in:

10 ml ampules, 10 ampules/case

70 ml bottles, 6 bottles/case

70 ml multi-dose containers, 6 bottles/case

**BECAUSE  
A THIAZIDE ALONE  
CAN ONLY DO  
SO MUCH...**

**AND YET  
CAN DO  
TOO MUCH.**



# INCREASE CONTROL WITHOUT INCREASING POTASSIUM PROBLEMS.

## **A dependable means to long-term blood pressure control.**

Many times, a diuretic alone can't keep hypertension in check. *INDERIDE*, however, can pick up where thiazide therapy leaves off.

The combination of propranolol HCl, the world's most trusted beta blocker, and hydrochlorothiazide, the standard among diuretics, enables *INDERIDE* to exert an additive antihypertensive effect.<sup>1,2</sup> In fact, a propranolol/hydrochlorothiazide regimen maintained blood pressure below 90 mm Hg in 81.8% to 86.4% of patients followed for 6 to 18 months of therapy.<sup>1</sup>

## **Low thiazide dosage means reduced risk of hypokalemia.**

When thiazides are prescribed in doses greater than 50 mg/day, the potential for hypokalemia increases substantially. What's more, the greater the fall in serum  $K^+$ , the greater the risk of hypokalemia-induced PVCs.<sup>3,4</sup>

With *INDERIDE*, the additive hypotensive effect of propranolol HCl allows the effective dose of hydrochlorothiazide to be kept low (25 mg b.i.d.). And by lowering the daily dose of diuretic, *INDERIDE* also lowers the potential for diuretic-induced side effects. Potassium problems are less likely to occur—yet blood pressure can be controlled consistently.



# **INDERIDE<sup>®</sup>**

Each tablet contains *INDERAL*<sup>®</sup>  
(propranolol HCl) 40 mg or 80 mg,  
and hydrochlorothiazide 25 mg

**B.I.D. 40/25  
80/25**

## **When you know you need more than a thiazide.**

Please see Brief Summary of Prescribing Information on following page.

# INDERIDE<sup>®</sup>

Each tablet contains **INDERAL** (propranolol HCl) 40 mg or 80 mg, and hydrochlorothiazide 25 mg

## B.I.D. 40/25 80/25



### BRIEF SUMMARY (FOR FULL PRESCRIBING INFORMATION, SEE PACKAGE CIRCULAR.)

<b>INDERIDE<sup>®</sup></b>	No. 484—Each <b>INDERIDE<sup>®</sup></b> 40/25 tablet contains:	
	Propranolol hydrochloride ( <b>INDERAL<sup>®</sup></b> )	40 mg
	Hydrochlorothiazide	25 mg
<b>BRAND OF</b>	No. 488—Each <b>INDERIDE<sup>®</sup></b> 80/25 tablet contains:	
propranolol hydrochloride ( <b>INDERAL<sup>®</sup></b> )	Propranolol hydrochloride ( <b>INDERAL<sup>®</sup></b> )	80 mg
and hydrochlorothiazide	Hydrochlorothiazide	25 mg

**WARNING:** This fixed combination drug is not indicated for initial therapy of hypertension. Hypertension requires therapy titrated to the individual patient. If the fixed combination represents the dosage so determined, its use may be more convenient in patient management. The treatment of hypertension is not static, but must be reevaluated as conditions in each patient warrant.

**INDICATION:** **INDERIDE** is indicated in the management of hypertension. (See boxed warning.)

**CONTRAINDICATIONS:** **Propranolol hydrochloride (INDERAL<sup>®</sup>):** Propranolol hydrochloride is contraindicated in: 1) bronchial asthma; 2) allergic rhinitis during the pollen season; 3) sinus bradycardia and greater than first degree block; 4) cardiogenic shock; 5) right ventricular failure secondary to pulmonary hypertension; 6) congestive heart failure (see **WARNINGS**) unless the failure is secondary to a tachyarrhythmia treatable with propranolol; 7) in patients on adrenergic-augmenting psychotropic drugs (including MAO inhibitors), and during the two week withdrawal period from such drugs.

**Hydrochlorothiazide:** Hydrochlorothiazide is contraindicated in patients with anuria or hypersensitivity to this or other sulfonamide-derived drugs.

**WARNINGS:** **Propranolol hydrochloride (INDERAL<sup>®</sup>):** **CARDIAC FAILURE:** Sympathetic stimulation is a vital component supporting circulatory function in congestive heart failure, and inhibition with beta blockade always carries the potential hazard of further depressing myocardial contractility and precipitating cardiac failure. Propranolol acts selectively without abolishing the inotropic action of digitalis on the heart muscle (i.e., that of supporting the strength of myocardial contractions). In patients already receiving digitalis, the positive inotropic action of digitalis may be reduced by propranolol's negative inotropic effect. The effects of propranolol and digitalis are additive in depressing AV conduction.

**IN PATIENTS WITHOUT A HISTORY OF CARDIAC FAILURE,** continued depression of the myocardium over a period of time can, in some cases, lead to cardiac failure. In rare instances, this has been observed during propranolol therapy. Therefore, at the first sign or symptom of impending cardiac failure, patients should be fully digitalized and/or given a diuretic, and the response observed closely: a) if cardiac failure continues, despite adequate digitalization and diuretic therapy, propranolol therapy should be immediately withdrawn; b) if tachyarrhythmia is being controlled, patients should be maintained on combined therapy and the patient closely followed until threat of cardiac failure is over.

**IN PATIENTS WITH ANGINA PECTORIS,** there have been reports of exacerbation of angina and, in some cases, myocardial infarction, following abrupt discontinuation of propranolol therapy. Therefore, when discontinuance of propranolol is planned the dosage should be gradually reduced and the patient carefully monitored. In addition, when propranolol is prescribed for angina pectoris, the patient should be cautioned against interruption or cessation of therapy without the physician's advice. If propranolol therapy is interrupted and exacerbation of angina occurs, it usually is advisable to reinstitute propranolol therapy and take other measures appropriate for the management of unstable angina pectoris. Since coronary artery disease may be unrecognized, it may be prudent to follow the above advice in patients considered at risk of having occult atherosclerotic heart disease, who are given propranolol for other indications.

**IN PATIENTS WITH THYROTOXICOSIS,** possible deleterious effects from long-term use have not been adequately appraised. Special consideration should be given to propranolol's potential for aggravating congestive heart failure. Propranolol may mask the clinical signs of developing or continuing hyperthyroidism or complications and give a false impression of improvement. Therefore, abrupt withdrawal of propranolol may be followed by an exacerbation of symptoms of hyperthyroidism, including thyroid storm. This is another reason for withdrawing propranolol slowly. Propranolol does not distort thyroid function tests.

**IN PATIENTS WITH WOLFF-PARKINSON-WHITE SYNDROME,** several cases have been reported in which, after propranolol, the tachycardia was replaced by a severe bradycardia requiring a demand pacemaker. In one case this resulted after an initial dose of 5 mg propranolol.

**IN PATIENTS UNDERGOING MAJOR SURGERY,** beta blockade impairs the ability of the heart to respond to reflex stimuli. For this reason, with the exception of pheochromocytoma, propranolol should be withdrawn 48 hours prior to surgery, at which time all chemical and physiologic effects are gone according to available evidence. However, in case of emergency surgery, since propranolol is a competitive inhibitor of beta-receptor agonists, its effects can be reversed by administration of such agents, e.g., isoproterenol or levaterenol. However, such patients may be subject to protracted severe hypotension. Difficulty in restarting and maintaining the heart beat has also been reported.

**IN PATIENTS PRONE TO NONALLERGIC BRONCHOSPASM (e.g., CHRONIC BRONCHITIS, EMPHYSEMA),** propranolol should be administered with caution since it may block bronchodilation produced by endogenous and exogenous catecholamine stimulation of beta receptors.

**DIABETICS AND PATIENTS SUBJECT TO HYPOGLYCEMIA:** Because of its beta-adrenergic blocking activity, propranolol may prevent the appearance of premonitory signs and symptoms (pulse rate and pressure changes) of acute hypoglycemia. This is especially important to keep in mind in patients with labile diabetes. Hypoglycemic attacks may be accompanied by a precipitous elevation of blood pressure.

**Hydrochlorothiazide:** Thiazides should be used with caution in severe renal disease. In patients with renal disease, thiazides may precipitate azotemia. In patients with impaired renal function, cumulative effects of the drug may develop.

Thiazides should also be used with caution in patients with impaired hepatic function or progressive liver disease, since minor alterations of fluid and electrolyte balance may precipitate hepatic coma.

Thiazides may add to or potentiate the action of other antihypertensive drugs. Potentiation occurs with ganglionic or peripheral adrenergic blocking drugs.

Sensitivity reactions may occur in patients with a history of allergy or bronchial asthma. The possibility of exacerbation or activation of systemic lupus erythematosus has been reported.

**USE IN PREGNANCY:** **Propranolol hydrochloride (INDERAL<sup>®</sup>):** The safe use of propranolol in human pregnancy has not been established. Use of any drug in pregnancy or women of childbearing potential requires that the possible risk to mother and/or fetus be weighed against the expected therapeutic benefit. Embryotoxic effects have been seen in

animal studies at doses about 10 times the maximum recommended human dose. **Hydrochlorothiazide:** Thiazides cross the placental barrier and appear in cord blood. The use of thiazides in pregnant women requires that the anticipated benefit be weighed against possible hazards to the fetus. These hazards include fetal or neonatal jaundice, thrombocytopenia, and possibly other adverse reactions which have occurred in the adult.

**Nursing Mothers:** Thiazides appear in breast milk. If the use of the drug is deemed essential, the patient should stop nursing.

**PRECAUTIONS:** **Propranolol hydrochloride (INDERAL<sup>®</sup>):** Patients receiving catecholamine-depleting drugs such as reserpine should be closely observed if propranolol is administered. The added catecholamine blocking action of this drug may then produce an excessive reduction of the resting sympathetic nervous activity. Occasionally, the pharmacologic activity of propranolol may produce hypotension and/or marked bradycardia resulting in vertigo, syncope, attacks, or orthostatic hypotension.

As with any new drug given over prolonged periods, laboratory parameters should be observed at regular intervals. The drug should be used with caution in patients with impaired renal or hepatic function.

**Hydrochlorothiazide:** Periodic determination of serum electrolytes to detect possible electrolyte imbalance should be performed at appropriate intervals.

All patients receiving thiazide therapy should be observed for clinical signs of fluid or electrolyte imbalance, namely: hyponatremia, hypochloremic alkalosis, and hypokalemia. Serum and urine electrolyte determinations are particularly important when the patient is vomiting excessively or receiving parenteral fluids. Medication such as digitalis may also influence serum electrolytes. Warning signs, irrespective of cause are: dryness of mouth, thirst, weakness, lethargy, drowsiness, restlessness, muscle pains or cramps, muscular fatigue, hypotension, oliguria, tachycardia, and gastrointestinal disturbances such as nausea and vomiting.

Hypokalemia may develop, especially with brisk diuresis, when severe cirrhosis is present or during concomitant use of corticosteroids or ACTH.

Interference with adequate oral electrolyte intake will also contribute to hypokalemia. Hypokalemia can sensitize or exaggerate the response of the heart to the toxic effects of digitalis (e.g., increased ventricular irritability). Hypokalemia may be avoided or treated by use of potassium supplements such as foods with a high potassium content.

Any chloride deficit is generally mild, and usually does not require specific treatment except under extraordinary circumstances (as in liver or renal disease). Dilutional hyponatremia may occur in edematous patients in hot weather; appropriate therapy is water restriction, rather than administration of salt, except in rare instances when the hyponatremia is life-threatening. In actual salt depletion, appropriate replacement is the therapy of choice.

Hyperuricemia may occur or frank gout may be precipitated in certain patients receiving thiazide therapy.

Insulin requirements in diabetic patients may be increased, decreased, or unchanged. Diabetes mellitus which has been latent may become manifest during thiazide administration.

Thiazide drugs may increase the responsiveness to tubocurarine.

The antihypertensive effects of the drug may be enhanced in the postsympathetomy patient. Thiazides may decrease arterial responsiveness to norepinephrine. This diminution is not sufficient to preclude effectiveness of the pressor agent for therapeutic use.

If progressive renal impairment becomes evident, consider withholding or discontinuing diuretic therapy.

Thiazides may decrease serum PBI levels without signs of thyroid disturbance.

Calcium excretion is decreased by thiazides. Pathologic changes in the parathyroid gland with hypercalcemia and hypophosphatemia have been observed in a few patients on prolonged thiazide therapy. The common complications of hyperparathyroidism such as renal lithiasis, bone resorption, and peptic ulceration, have not been seen. Thiazides should be discontinued before carrying out tests for parathyroid function.

**ADVERSE REACTIONS:** **Propranolol hydrochloride (INDERAL<sup>®</sup>):** **Cardiovascular:** bradycardia; congestive heart failure; intensification of AV block; hypotension; paresthesia of hands; arterial insufficiency, usually of the Raynaud type; thrombocytopenic purpura.

**Central Nervous System:** lightheadedness; mental depression manifested by insomnia, lassitude, weakness, fatigue; reversible mental depression progressing to cataplexy; visual disturbances; hallucinations; an acute reversible syndrome characterized by disorientation for time and place, short term memory loss, emotional lability, slightly clouded sensorium and decreased performance on neuropsychometrics.

**Gastrointestinal:** nausea, vomiting, epigastric distress, abdominal cramping, diarrhea, constipation, mesenteric arterial thrombosis, ischemic colitis.

**Allergic:** pharyngitis and agranulocytosis, erythematous rash, fever combined with aching and sore throat, laryngospasm and respiratory distress.

**Respiratory:** bronchospasm.

**Hematologic:** agranulocytosis, nonthrombocytopenic purpura, thrombocytopenic purpura.

**Miscellaneous:** reversible alopecia. Oculomucocutaneous reactions involving the skin, serous membranes and conjunctivae reported for a beta blocker (practolol) have not been conclusively associated with propranolol.

**Clinical Laboratory Test Findings:** Elevated blood urea levels in patients with severe heart disease, elevated serum transaminase, alkaline phosphatase, lactate dehydrogenase.

**Hydrochlorothiazide:** **Gastrointestinal:** anorexia, gastric irritation, nausea, vomiting, cramping, diarrhea, constipation, jaundice (intrahepatic cholestatic jaundice), pancreatitis, sialadenitis.

**Central Nervous System:** dizziness, vertigo, paresthesias, headache, xanthopsia.

**Hematologic:** leukopenia, agranulocytosis, thrombocytopenia, aplastic anemia.

**Cardiovascular:** orthostatic hypotension (may be aggravated by alcohol, barbiturates, or narcotics).

**Hypersensitivity:** purpura, photosensitivity, rash, urticaria, necrotizing angitis (vasculitis cutaneous vasculitis), fever, respiratory distress including pneumonitis, anaphylactic reactions.

**Other:** hyperglycemia, glycosuria, hyperuricemia, muscle spasm, weakness, restlessness, transient blurred vision.

Whenever adverse reactions are moderate or severe, thiazide dosage should be reduced or therapy withdrawn.

**HOW SUPPLIED:** — Each hexagonal-shaped, off-white, scored **INDERIDE** 40/25 tablet is embossed with an "I" and imprinted with "INDERIDE 40/25," contains 40 mg propranolol hydrochloride (**INDERAL<sup>®</sup>**) and 25 mg hydrochlorothiazide, in bottles of 100 (NDC 0046-0484-81) and 1,000 (NDC 0046-0484-91). Also in unit dose package of 100 (NDC 0048-0484-99).

— Each hexagonal-shaped, off-white, scored **INDERIDE** 80/25 tablet is embossed with an "I" and imprinted with "INDERIDE 80/25," contains 80 mg propranolol hydrochloride (**INDERAL<sup>®</sup>**) and 25 mg hydrochlorothiazide, in bottles of 100 (NDC 0046-0488-81) and 1,000 (NDC 0046-0488-91). Also in unit dose package of 100 (NDC 0046-0488-99).

The appearance of these tablets is a trademark of Ayerst Laboratories.

Store at room temperature (approximately 25° C).

**Ayerst** AYERST LABORATORIES  
New York, N.Y. 10017

# An added complication... in the treatment of bacterial bronchitis\*



## Brief Summary

Consult the package literature for prescribing information. Indications and Usage: Cefaclor (cefactor, Lilly) is indicated in the treatment of the following infections when caused by susceptible strains of the designated microorganisms:

**Lower Respiratory Infections**, including pneumonia caused by *Streptococcus pneumoniae* (diplococcus pneumoniae), *Haemophilus influenzae*, and *S. pyogenes* group A beta-hemolytic streptococci.

Appropriate culture and susceptibility studies should be performed to determine susceptibility of the causative organism to Cefaclor.

**Contraindications:** Cefaclor is contraindicated in patients with known allergy to the cephalosporin group of antibiotics.

**Warnings:** In PENICILLIN-SENSITIVE PATIENTS, CEPHALOSPORIN ANTIBIOTICS SHOULD BE ADMINISTERED CAUTIOUSLY. THERE IS CLINICAL AND LABORATORY EVIDENCE OF PARTIAL CROSS-ALLERGICITY OF THE PENICILLINS AND THE CEPHALOSPORINS, AND THERE ARE INSTANCES IN WHICH PATIENTS HAVE HAD REACTIONS, INCLUDING ANAPHYLAXIS, TO BOTH DRUG CLASSES.

Antibiotics, including Cefaclor, should be administered cautiously to any patient who has demonstrated some form of allergy, particularly to drugs.

**Precautions:** If an allergic reaction to cefaclor occurs, the drug should be discontinued, and, if necessary, the patient should be treated with appropriate agents, e.g., pressor amines, antihistamines, or corticosteroids.

Prolonged use of cefaclor may result in the overgrowth of nonsusceptible organisms. Careful observation of the patient is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Positive direct Coombs tests have been reported during treatment with the cephalosporin antibiotics. In hematologic studies or in transfusion cross-matching procedures when antioglobulin tests are performed on the minor side or in Coombs testing of newborns whose mothers have received cephalosporin antibiotics before parturition, it should be recognized that a positive Coombs test may be due to the drug.

Cefaclor should be administered with caution in the presence of markedly impaired renal function. Under such a condition, careful clinical observation and laboratory studies should be made because safe dosage may be lower than that usually recommended.

As a result of administration of Cefaclor, a false-positive reaction for glucose in the urine may occur. This has been observed with Benedict's and Fehling's solutions and also with Clinitest® tablets but not with Yes-Tape® (Glucose Enzymatic Test Strip, USP, Lilly).

**Use in Pregnancy**—Although no teratogenic or antifertility effects were seen in reproduction studies in mice and rats receiving up to 12 times the maximum human dose or in ferrets given three times the maximum human dose, the safety of this drug for use in human pregnancy has not been established. The benefits of the drug in pregnant women should be weighed against a possible risk to the fetus.

**Use in Infancy**—Safety of this product for use in infants less than one month of age has not been established.

**Adverse Reactions:** Adverse effects considered related to cefaclor therapy are uncommon and are listed below.

**Gastrointestinal symptoms** occur in about 2.5 percent of patients and include diarrhea (1 in 70) and nausea and vomiting (1 in 90).

As with other broad-spectrum antibiotics, colitis, including rare instances of pseudomembranous colitis, has been reported in conjunction with therapy with Cefaclor.

**Hypersensitivity reactions** have been reported in about 1.5

percent of patients and include morbilliform eruptions (1 in 100), Pruritus, urticaria, and positive Coombs tests each occur in less than 1 in 200 patients. Cases of serum-sickness-like reactions (erythema multiforme or the above skin manifestations accompanied by arthritis/arthralgia and, frequently, fever) have been reported. These reactions are apparently due to hypersensitivity and have usually occurred during or following a second course of therapy with Cefaclor (cefactor). Such reactions have been reported more frequently in children than in adults. Signs and symptoms usually occur a few days after initiation of therapy and subside within a few days after cessation of therapy. No serious sequelae have been reported. Antihistamines and corticosteroids appear to enhance resolution of the syndrome.

Cases of anaphylaxis have been reported, half of which have occurred in patients with a history of penicillin allergy.

Other effects considered related to therapy included eosinophilia (1 in 50 patients) and genital pruritus or vaginitis (less than 1 in 100 patients).

**Causal Relationship Uncertain**—Transitory abnormalities in clinical laboratory test results have been reported. Although they were of uncertain etiology, they are listed below to serve as alerting information for the physician.

**Hepatic**—Slight elevations in SGOT, SGPT, or alkaline phosphatase values (1 in 40).

**Hematopoietic**—Transient fluctuations in leukocyte count, predominantly lymphocytosis occurring in infants and young children (1 in 40).

**Renal**—Slight elevations in BUN or serum creatinine (less than 1 in 500) or abnormal urinalysis (less than 1 in 200).

\*Many authorities attribute acute infectious exacerbation of chronic bronchitis to either *S. pneumoniae* or *H. influenzae*.

**Note:** Cefaclor is contraindicated in patients with known allergy to the cephalosporins and should be given cautiously to penicillin-allergic patients.

Penicillin is the usual drug of choice in the treatment and prevention of streptococcal infections, including the prophylaxis of rheumatic fever. See prescribing information.

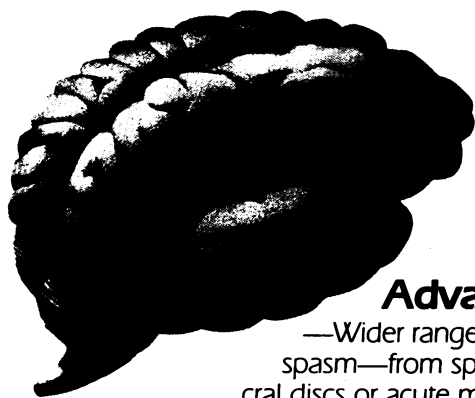
## References

1. Antimicrob. Agents Chemother., 8:91, 1975.
2. Antimicrob. Agents Chemother., 11:470, 1977.
3. Antimicrob. Agents Chemother., 13:584, 1978.
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5. Current Chemotherapy edited by W. Siegenbaler and R. Lufhy, II, 860. Washington, D.C.: American Society for Microbiology, 1978.
6. Antimicrob. Agents Chemother., 13:851, 1978.
7. Data on file, Eli Lilly and Company.
8. Principles and Practice of Infectious Diseases edited by G.L. Mandell, R.G. Douglas, Jr., and J.E. Bennett, p. 467. New York: John Wiley & Sons, 1979.

Additional information available to the profession on request from  
**Eli Lilly and Company**  
Indianapolis, Indiana 46285  
Eli Lilly Industries, Inc.  
Carolina, Puerto Rico 00630

# THE SPASM/PAIN/SPASM CYCLE

In skeletal muscle spasm due to local pathology, responsive to the distinct actions of



Adjunctive  
**VALIUM**<sup>®</sup>  
diazepam/Roche  
2-mg, 5-mg, 10-mg scored tablets

## Advantages cyclobenzaprine cannot claim

- Wider range of indications as adjunctive therapy for skeletal muscle spasm—from spasm due to local pathology (e.g., herniated lumbosacral discs or acute muscle strain) to spasm associated with upper motor neuron disorders (e.g., cerebral palsy, athetosis, stiff-man syndrome).
- May be used adjunctively for relieving skeletal muscle spasm in patients with hyperthyroidism, cardiac patients and patients being treated with anticholinergics or guanethidine-type antihypertensives.
- Can be administered to patients less than 15 years and more than 6 months of age.
- Scored tablets in three strengths provide greater dosage flexibility.

Since drowsiness, fatigue and ataxia sometimes occur, patients should be cautioned against driving or operating hazardous machinery and should also be advised against simultaneous ingestion of alcohol.

**References:** 1. Rankin EA: *Contin Educ* 3(1):46-50, Jan 1975. 2. When muscle spasm hobbles your patient. *Patient Care* 8(11):20-37, Jun 1, 1974.

### Before prescribing, please consult complete product information, a summary of which follows:

**Indications:** Management of anxiety disorders, or short-term relief of symptoms of anxiety. Anxiety or tension associated with the stress of everyday life usually does not require treatment with an anxiolytic. Symptomatic relief of acute agitation, tremor, delirium tremens and hallucinosis due to acute alcohol withdrawal; adjunctively in skeletal muscle spasm due to reflex spasm to local pathology; spasticity caused by upper motor neuron disorders; athetosis; stiff-man syndrome; convulsive disorders (not for sole therapy).

The effectiveness of Valium (diazepam/Roche) in long-term use, that is, more than 4 months, has not been assessed by systematic clinical studies. The physician should periodically reassess the usefulness of the drug for the individual patient.

**Contraindicated:** Known hypersensitivity to the drug. Children under 6 months of age. Acute narrow angle glaucoma; may be used in patients with open angle glaucoma who are receiving appropriate therapy.

**Warnings:** Not of value in psychotic patients. Caution against hazardous occupations requiring complete mental alertness. When used adjunctively in convulsive disorders, possibility of increase in frequency and/or severity of grand mal seizures may require increased dosage of standard anticonvulsant medication; abrupt withdrawal may be associated with temporary increase in frequency and/or severity of seizures. Advise against simultaneous ingestion of alcohol and other CNS depressants. Withdrawal symptoms similar to those with barbiturates and alcohol have been observed with abrupt discontinuation, usually limited to extended use and excessive doses. Infrequently, milder withdrawal

symptoms have been reported following abrupt discontinuation of benzodiazepines after continuous use, generally at higher therapeutic levels, for at least several months. After extended therapy, gradually taper dosage. Keep addiction-prone individuals under careful surveillance because of their predisposition to habituation and dependence.

**Usage in Pregnancy:** Use of minor tranquilizers during first trimester should almost always be avoided because of increased risk of congenital malformations as suggested in several studies. Consider possibility of pregnancy when instituting therapy; advise patients to discuss therapy if they intend to or do become pregnant.

**Precautions:** If combined with other psychotropics or anticonvulsants, consider carefully pharmacology of agents employed; drugs such as phenothiazines, narcotics, barbiturates, MAO inhibitors and other antidepressants may potentiate its action. Usual precautions indicated in patients severely depressed, or with latent depression, or with suicidal tendencies. Observe usual precautions in impaired renal or hepatic function. Limit dosage to smallest effective amount in elderly and debilitated to preclude ataxia or oversedation.

The clearance of Valium (diazepam/Roche) and certain other benzodiazepines can be delayed in association with Tagamet (cimetidine) administration. The clinical significance of this is unclear.

**Side Effects:** Drowsiness, confusion, diplopia, hypotension, changes in libido, nausea, fatigue, depression, dysarthria, jaundice, skin rash, ataxia, constipation, headache, incontinence, changes in salivation, slurred speech, tremor, vertigo, urinary retention, blurred vision.

Paradoxical reactions such as acute hyperexcited states, anxiety, hallucinations, increased muscle spasticity, insomnia, rage, sleep disturbances, stimulation have been reported; should these occur, discontinue drug. Isolated reports of neutropenia, jaundice; periodic blood counts and liver function tests advisable during long-term therapy.

**Dosage:** Individualize for maximum beneficial effect. **Adults:** Anxiety disorders, symptoms of anxiety, 2 to 10 mg b.i.d. to q.i.d.; alcoholism, 10 mg t.i.d. or q.i.d. in first 24 hours, then 5 mg t.i.d. or q.i.d. as needed; adjunctively in skeletal muscle spasm, 2 to 10 mg t.i.d. or q.i.d.; adjunctively in convulsive disorders, 2 to 10 mg b.i.d. to q.i.d. **Geriatric or debilitated patients:** 2 to 2½ mg, 1 or 2 times daily initially, increasing as needed and tolerated. (See Precautions.) **Children:** 1 to 2½ mg t.i.d. or q.i.d. initially, increasing as needed and tolerated (not for use under 6 months).

**How Supplied:** For oral administration, Valium (diazepam/Roche) scored tablets—2 mg, white; 5 mg, yellow; 10 mg, blue—bottles of 100\* and 500.\* Prescription Paks of 50, available in trays of 10.\* Tel-E-Dose\* packages of 100, available in trays of 4 reverse-numbered boxes of 25,\* and in boxes containing 10 strips of 10.\*

\*Supplied by Roche Products Inc., Manati, Puerto Rico 00701

\*Supplied by Roche Laboratories, Division of Hoffmann-La Roche Inc., Nutley, New Jersey 07110



ROCHE PRODUCTS INC.  
Manati, Puerto Rico 00701

# BACK AGAIN

## Pain/spasm cycle

Skeletal muscle spasm tends to recur—usually because predisposing factors (such as trauma, weakness, faulty posture, or obesity) remain unchanged, so that even minor stresses may set off painful spasms. The key to therapy is to break the vicious cycle of pain/spasm.

Valium® (diazepam/Roche) provides a dual advantage—relief of muscle spasm and relief of anxiety. Valium is indicated for the management of anxiety disorders, and also adjunctively for the relief of muscle spasm due to local pathology.

For patients with skeletal muscle spasm who also experience anxiety, Valium® (diazepam/Roche) provides a dual advantage—relief of muscle spasm and relief of anxiety. Valium is indicated for the management of anxiety disorders, and also adjunctively for the relief of muscle spasm due to local pathology.

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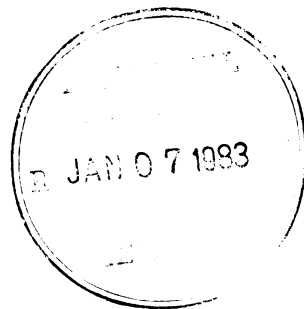
Skeletal muscle spasm due to local pathology.

Adjunctive

# VALIUM®

diazepam/Roche

2-mg, 5-mg, 10-mg scored tablets



# **GAMA**

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**GENERAL ARABIAN MEDICAL AND ALLIED SERVICES LIMITED,  
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CHIEF OF MEDICINE  
FAMILY PRACTITIONER  
INTERNIST  
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FLIGHT SURGEON  
OPHTHALMOLOGIST  
OTORHINOLARYNGOLOGIST  
PEDIATRICIAN  
PEDIATRICIAN/NEONATOLOGIST  
RADIOLOGIST  
PLASTIC SURGEON  
FAMILY PRACTITIONER (OB EXPERIENCE)  
PREVENTIVE MEDICINE PHYSICIAN  
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**SAN DIEGO, CALIFORNIA.** Seeking full-time career oriented Emergency Physician with ED exp; board eligible/cert preferred; 250 bed acute care facility in ideal location. Send CV and refs to Lisa Saarni, MD, Clinical Director Emergency Med Services, Sharp Cabrillo Hospital, 3475 Kenyon St., San Diego, CA 92110. (714) 222-0411.

**MEDICAL DIRECTOR OF EMERGENCY UNIT,** Presbyterian Hospital—Opportunity for Board Certified/Eligible physician with emergency care skills and interest in medical staff relationships, program development, education, operations, marketing and community relations. Salary/benefits negotiable. Send résumé to George Hunt, Director of Ambulatory Services, Pacific Medical Center, P.O. Box 7999, San Francisco, CA 94120.

**MINOR EMERGENCY CLINICS:** Full time physician openings for Fair Oaks (Sacramento area) and Vacaville (near Napa Valley) clinics. New modern facilities. Part-time, fill-in positions also available. Malpractice coverage provided. Call Dr. Kendall Bauer (916) 933-1449 evenings.

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**FAMILY PHYSICIAN/GENERAL PRACTITIONER** needed to help staff. Acute care department of large multispecialty clinic in North Central Washington. Sportsman-Outdoorsman's paradise. 40 hour work week with competitive remuneration plus liberal fringe benefits/malpractice/profit sharing. Write to: Gerald Gibbons, MD, Wenatchee Valley Clinic, 820 N. Chelan Ave., Wenatchee, WA 98801.

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(Continued on Page 42)

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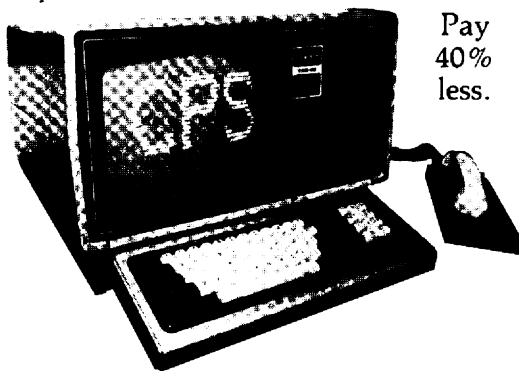
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Phone (\_\_\_\_) \_\_\_\_\_ Person to Contact \_\_\_\_\_

#### PHYSICIANS WANTED

**SEEK BOARD ELIGIBLE OR CERTIFIED FAMILY PRACTITIONER** to join established group of 4 family practitioners in central Georgia. Beautiful community—excellent compensation. For further information, call (collect) (912) 272-7411 or write Ernest F. Jones, Jr., P.O. Box 927, Dublin, GA 31021.

**OHIO**—ABAI certified, 68 year old, tremendous practice, large city, three medical school affiliations, and director of hospital Allergy Clinic, seeks associate for partnership, etc. Must be ABAI certified or eligible. Send curriculum vitae and other pertinent information to Box 6322, Western Journal of Medicine, 731 Market St., San Francisco, CA 94103.

**EDUCATIONAL DIRECTOR:** Established family practice residency is seeking a board certified, family practice residency graduate for position available July 1, 1983. Duties include: coordinate curriculum planning, development, administration and evaluation. Prefer two or more years of clinical practice and prior academic experience within a family practice residency or undergraduate department. Requires providing direct patient care, precepting residents, and sharing call with other faculty. Interest or experience in research desirable. Faculty appointment with the University of Washington. Salary and fringe benefits based on professional experience. Send inquiries and CV to: Kenneth E. Gudgel, MD, Director, Family Medicine Spokane, South 511 Pine, Spokane, WA 99202. An equal opportunity/affirmative action employer.

**RESIDENCY DIRECTOR—UNIVERSITY OF CALIFORNIA, IRVINE.** The Department of Family Medicine is recruiting for a Director of the Family Practice Residency Program. Board certification in Family Medicine necessary, with administrative experience in Family Practice residency training desirable. Duties: Coordination of residency programs with the University and affiliated institutions. Assistant, Associate or Professor level in either clinical series or tenure track, depending on qualifications. Send curriculum vitae to J. Dennis Mull, MD, Chairman, Family Medicine, University of California, Irvine, 101 City Drive South, Orange, California 92668. An Affirmative Action/Equal Opportunity Employer.

**INTERNIST/FAMILY PRACTITIONER** for nutritionally oriented practice in Palo Alto, California. Board eligible or certified. Excellent opportunity. Barbara Ann Levin, 925 East Meadow Drive, Palo Alto, CA 94303. (415) 494-7002.

**CARDIOLOGIST**—Certified, experience in invasive and non-invasive techniques for association with established cardiology office. Call: E. C. Gaudin, MD, FACC, 17541 Irvine Blvd. #B, Tustin, CA 92680; (714) 838-2655.

#### PRACTICE WANTED

**FAMILY PRACTITIONER**—Board certified, would like to buy active office-hospital practice in West San Fernando Valley. Partnership considered. Write and send particulars to Box 6330, Western Journal of Medicine, 731 Market St., San Francisco, CA 94103.

#### ASSOCIATE WANTED

**ASSOCIATE WANTED** for growing family practice in foothills community. Good coverage, hospital ten minutes away. Association to lead to buy out in 6 to 12 months. Terms negotiable. Michael Burvant, MD, 1011 St. Andrews Dr., #B, El Dorado Hills, CA 95630. (916) 933-3450.

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#### LOCUM TENENS SERVICE WESTERN PHYSICIANS REGISTRY

... offers coverage for vacation or continuing education. To arrange coverage for your practice or to participate as temporary physician, contact: Carol Sweig, Director, 1124 Ballena Bl., Alameda, CA 94501. (415) 521-4110.

#### LOCUM TENENS WORK WANTED

**GENERAL PRACTITIONER**, 37, available California or Washington. Please write J. D. Rienstra, MD, 859 6th St., B-201, Bremerton, WA 98310.

#### POSITIONS AVAILABLE

**DUE TO DEATH AND RETIREMENT**, our clinic is now organized as an expense sharing association and has available office space for OB/Gyn and Internal Medicine. The only OB/Gyn specialist in the community retired over a year ago and there is a demand for such a specialist. Medical Building Associates (nee Taylor Richardson Clinic) P.O. Box 369, Ellensburg, WA 98926.

#### MEDICAL PRACTICES FOR SALE

**UNOPPOSED ADULT ONCOLOGY-HEMAT.**: Intentionally limited. Good potential for full time. Possible lease or partnership in multispecialty group. California license. Northern California wine, timber country. H. W. Gordon, MD, 198 Doolin Dr., Ukiah, CA 95482.

**CALIFORNIA AND DENVER. HIGH INCOME.** Family Practices for sale in desirable living areas. Others: OB/GYN, Internal, Psychiatry, Orthopedic, Surgery. Contact Professional Practices Opportunities, Mary Bradshaw, 21 Altamont Dr., Orinda, CA 94563. (415) 376-0762.

#### SITUATIONS WANTED

**UROLOGIST**, 14 years solo practice same location. Boards, FACS. Desire relocation to S.W., W., N.W. All practice arrangement considered. CV on request. Box 6326, Western Journal of Medicine, 731 Market St., San Francisco, CA 94103.

**CALIFORNIA TRAINED INTERNIST**—Anxious to return to the Southern West Coast. Currently assistant professor at top midwest university. Box 6297, Western Journal of Medicine, 731 Market St., San Francisco, CA 94103.

**INTERNIST**—31, AOA, completing university residency June 1983, seeking practice in northern California/Oregon. CV available. Reply John Jackson, MD, 886 Hilgard Ave., #207, Los Angeles, CA 90024.

**BOARD CERTIFIED RADIOLOGIST** licensed in California, Oregon, and Washington. Seeking small hospital practice (25-50 beds). Radiology, Nuclear Medicine and Ultrasound. Box 6331, Journal of Medicine, 731 Market St., San Francisco, CA 94103.

#### PRACTICES AVAILABLE

**ATTRACTIVE FAMILY PRACTICE OPPORTUNITY:** Retiring physician leaving practice of thirty years. Modern, attractive, large well-equipped office for lease. Fully staffed, near modern hospital. Speaking Spanish helpful, not essential. Near S.F. Bay. Medical Clinic, Inc., 218 E St., Union City, CA 94587. (415) 471-4700. (Dr. Jackson.)

**DERMATOLOGY PRACTICE**, La Mirada, California. Grosses \$60,000/year; net \$40,000. Asking \$40,000 includes \$20,000 of equipment and supplies. Call (213) 473-8666. Best offer accepted.

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#### SHARE OFFICE/PRACTICE

**GENERAL INTERNAL MEDICINE**—Close to Cedars Sinai Medical Center, Los Angeles. Available Dec. 1, 1982. Send CV ATTN: Anne L. Peters, MD, 6221 Wilshire Blvd., Suite 220, Los Angeles, CA 90048.

#### PRACTICE FOR SALE

**ORTHOPEDIC PRACTICE FOR SALE**, sparkling San Diego. Excellent location within walking distance of Mercy Hospital and UCSD. Moderate volume, decorator office appointments. For details, please call Roger Huffer (714) 283-6341 or Paul Billing, MD. (916) 965-5757.

#### OFFICE SPACE TO RENT OR LEASE

**PROFESSIONAL OFFICE SPACE** for rent/lease Valley Professional Plaza building located directly across from Valley General Hospital, Renton, Washington. 1,020 sq. ft. at \$10.50 per sq. ft. A total of 7 rooms; 4 exam rooms, physician's office/consultation room, business office, and waiting room. First floor, handicapped accessible entrance. Please contact Patty Carlson, (206) 223-6918.

**PLACERVILLE, CALIFORNIA**—Outstanding opportunity for medical practice in beautiful Sierra Nevada Foothills. Office in established professional bldg. for lease. Growing area; reasonable terms. Call Wm. Saenger (209) 239-4952.

#### FOR LEASE OR RENT

**CENTRAL CALIFORNIA COAST**—New offices in group setting. Now you can have the best of both worlds. Practice in a dynamic med/dant group or solo. In two growing areas in one of the best locations in the nation, near Monterey Peninsula. Also much new and used medical equipment for sale. Call now for information on these unusual opportunities. (408) 659-4828.

**SAN BRUNO, CALIFORNIA (just South of San Francisco)**. Rental space avail. in new full service medical building. Great opportunity for Int. Med., GP, Derm., Neuro., Ortho., Gen. Surg., Ped., Ob/Gyn., Psych., Ophtho., and other medical and surgical sub-specialties. Nearby hospital privileges available. Contact Stan Nudelman, MD, 1001 Sneath Lane, #300, San Bruno, CA 94068, (415) 583-5352.

#### MEDICAL EQUIPMENT

**XEROX 125 PROCESSOR AND CONDITIONER.** Mammo System with access. Ex. cond. with hx of min. mech. down time. Max E. Brenneman, MD, 1212 High St., No. 12, Auburn, CA 95603.

#### PHYSICIANS TO EXCHANGE HOUSES

**ENGLISH DENTIST** wishes to exchange house in California 4-6 weeks summer 1983. Dartmoor National Park, Devonshire. Details: Dr. Hopkins, Penny Meadow, Bridford, South Devon, England. Tel. 0647 52349.

#### MEDICAL SERVICE

**HOLTER MONITOR.** Scanning Service High Quality, prompt service. \$35 for 24-hour scan. Technician's report. Can arrange for sale or three-year lease of Holter Monitor equipment. Call for information and free mailers. DCG INTERPRETATION. (313) 879-8860.

#### LEGAL COUNSEL

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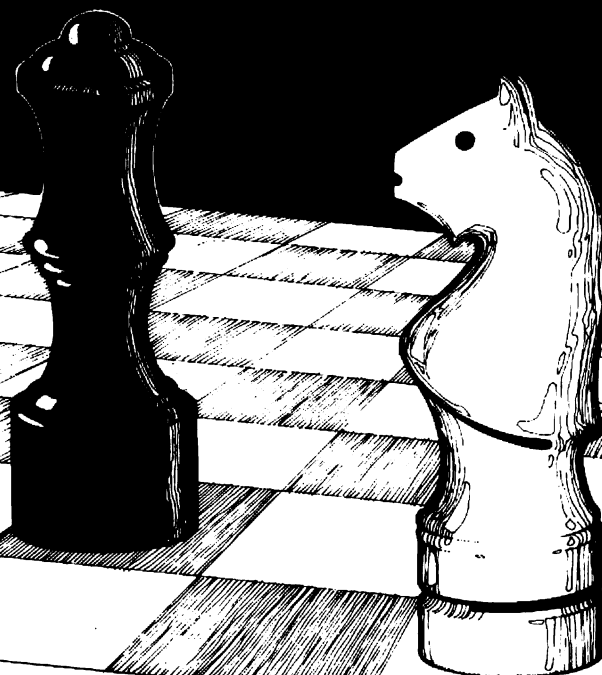
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